

TEACHER'S GUIDE
FOUNDATION PROGRAMME FOR LITERACY
NUMERACY AND SKILLS

VOCAL MUSIC

GRADE 7

TITLE OF CARD :
Introduction to Sargam Geet in Raag Bilawal

MOE
MAHATMA GANDHI INSTITUTE
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GRADE 7

GUIDE TO EDUCATORS

TITLE OF CARD :

**INTRODUCTION TO SARGAM
GEET IN RAAG BILAWAL**

Competency

Students develop basic melodic awareness through singing and recognising simple phrases in *Raag Bilawal* using *Sargam*.

Element

Melodic understanding and recognition of simple *Raag-s*.

Performance Criteria

- Level 1:**
- Sings simple *Sargam* patterns with teacher support.
 - Identifies *Raag Bilawal* by listening with guidance.
- Level 2:**
- Sings *Sargam Geet* in *Raag Bilawal* with correct *swara-s*.
 - Recognises *Raag Bilawal* independently through its phrases.

Range:

- *Shuddha Swara-s*: Sa Re Ga Ma Pa Dha Ni Sa
- *Sargam Geet* or musical composition in *Raag Bilawal*

(Equivalent concepts in Hindustani/Carnatic music such as *Raag / Melakarta* apply. Adapt as necessary for Carnatic Music.)

Purpose of Activity

The purpose of this lesson is to introduce students to *Raag Bilawal* as a fundamental *Raag* in Hindustani music, while developing their ability to sing and recognise it through *Sargam Geet*. Additionally, the lesson aims to enhance students' listening skills and strengthen their melodic memory through repetition and guided practice.

Learning Outcomes

By the end of the lesson, students should be able to:

Sing in tune and rhythm with table accompaniment-or electronic *Taalmaala*- one *Sargam Geet* in *Raag Bilawal*.

Resources & Materials

Teacher may devise their own resources or use:

- Harmonium / Tanpura (or electronic drone)
- Whiteboard and markers

Teaching Trajectories / Implementation Guidelines



Introduction

What is a *Sargam Geet* and how does it help in *Raag* Recognition?

A *Sargam Geet* is a simple musical composition sung using *swara-s* such as Sa, Re, Ga, Ma, Pa, Dha, and Ni instead of lyrics. It helps students focus on the correct notes and their movement within a *Raag*. By singing a *Sargam Geet* repeatedly, learners become familiar with the characteristic phrases of a *Raag*. This practice strengthens listening skills, improves pitch accuracy, and helps students recognise a *Raag* when they hear it. *Sargam Geet* is especially useful for beginners because it builds a strong foundation before moving on to songs with lyrics.

(Adapt as necessary for Carnatic Music.)

Why is *Sargam Geet* in *Raag Bilawal* Important?

- It helps students sing swaras correctly in a *Raag*
- It improves pitch, memory, and listening skills
- It prepares students for singing songs in *Raag Bilawal*
- It builds confidence in group and solo singing

Brief Notes on *Raag Bilawal*

- **Jaati** : Sampoorna (All seven swaras are used in ascent and descent)
- **Vadi** : Dha (The most important swara of the *Raag*)
- **Samvadi** : Ga (The second most important swara, supporting the *Vadi*)

(c) Hindustani Notation System and Its Importance

The Hindustani notation system is a written method used to record music using *Swara-s* such as Sa, Re, Ga, Ma, Pa, Dha, and Ni. It helps music learners remember melodies, practise independently, and understand the structure of a *Raag*. Notation makes learning systematic and supports accuracy in singing and playing instruments. It also allows students to revise lessons easily and share musical ideas with others.

(Adapt technical terms as necessary for Carnatic Music.)

Sargam Geet in *Raag Bilawal*:

SARGAM OF RAAG BILAWAL SET TO TEENTAAL (Cycle of 16 beats)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
X				2				O				3			
<u>Sthayi</u>												G	P	D	N
Ś	-	Ś	-	Ś	N	D	P	M	G	M	R	G	M	P	G
M	G	R	S	D	N	Ś	N	D	P	M	G				
X				2				O				3			
<u>Antra</u>												P	P	D	N
Ś	-	Ś	-	Ś	Ṛ	Ḡ	Ṣ	Ḡ	Ṛ	Ś	-	Ḡ	Ṛ	Ś	N
D	P	D	N	Ś	N	D	P	M	G	M	R				
X				2				O				3			



Teaching Steps

1. Teacher plays a the base note 'Sa'
2. Students listen and warm up for 5 mins.
3. Revise shuddha *Swara*-s on the board.
4. Sing Sa-Re-Ga-Ma slowly with students.
5. Teacher sings *Aroha* and *Avroha*: Sa Re Ga Ma Pa Dha Ni Sa.
6. Students repeat in unison.
7. Teacher sings *Sargam Geet* line by line.
8. Students sing in groups.
9. Repetition of the *Sargam Geet* by the teacher
10. Students practise line by line with drone support.
11. Students sing *Sargam Geet* individually.

(Adapt technical terms as necessary for Carnatic Music.)



Assessment

Formative: Class Participation & Oral Questions

Sample questions:

- What is *Raag Bilawal*?
- Which *swara-s* are used in *Raag Bilawal*?
- What is a *Sargam Geet*?
- Can you identify the *Vadi swara* of *Raag Bilawal*?



Assessment Criteria

Singing Accuracy:

- Correct *Swara-s*
- Steady pitch
- Clear pronunciation

Raag Recognition:

- Identifies *Raag Bilawal* by listening
- Recognises characteristic phrases



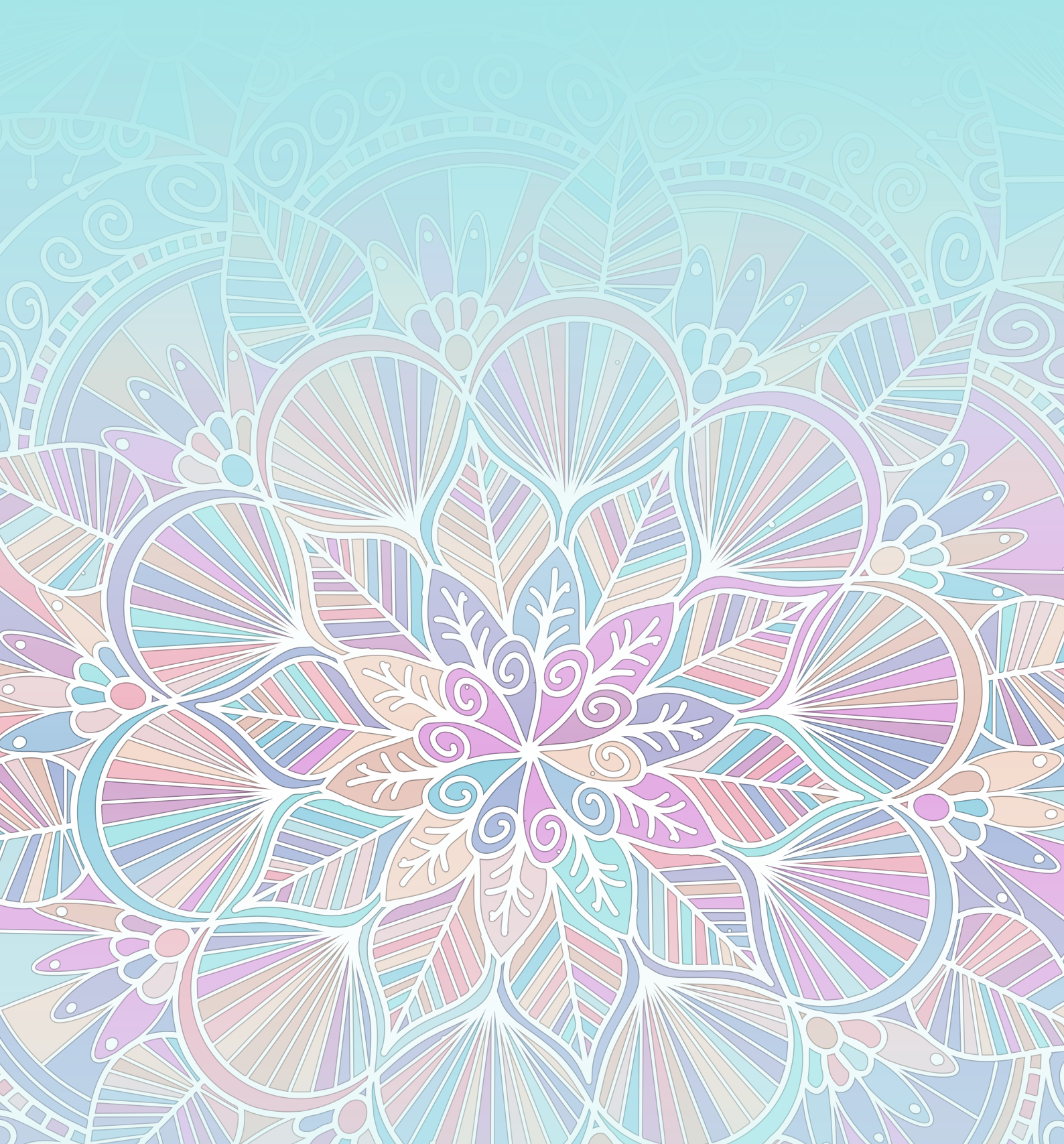
Assessment Rubric

Criteria	Basic	Intermediate	Proficient
Sargam Singing	Needs constant support	Mostly accurate with minor errors	Accurate and confident.
Raag Recognition	Identifies with help	Identifies most phrases	Identifies independently
Listening Skills	Limited focus	Improving awareness	Strong and attentive



Extension Activity

- Advanced learners attempt to sing the same phrase at two different speeds (*Vilambit* and *Madhya Laya*).
- Learn a Song in *Raag Bilawal*.



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